Massage Prague – Marie personal masseuse & theraphist		
Mánesova 4/813, Prague 2 Vinohrady (200 meters from the vestibule of me Mon- Fri 8 am - 8 pm (ONLY binding order ONLINE Booking)	etro C)	
Parking: green & orange zone Spanish and Italska street OR car parking Slo	ovan (next to the State Op	era)
https://MassagePrague.info, https//Lechtani.cz/en, https://Tantr https://MasazProstaty.info/en, E-mail: info@MassagePra		
m. +420 734 819 938 - If massages, I'm not mobile	2	
From December 1., 2023, the only option for ordering an online Bo payment gateway. Order required at least 24 hours in advance, payment must be credit		
	ng einer Online-Reservi	erung und
Ab dem 1. Dezember 2023 ist die einzige Möglichkeit zur Bestellu bargeldlosen Zahlung das Zahlungsgat Bestellung mindestens 24 Stunden im Voraus erforderlich, Zahlungs Beginn.	teway.	Stunden vol
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bargeldlosen Zahlung das Zahlungsgat Bestellung mindestens 24 Stunden im Voraus erforderlich, Zahlungs Beginn. Cees Rituals and Relaxation: neral mud skin mask and head and face massage - Relaxation massag Massage the area of stiff muscles of the face and neck removes waste products fre slowing down the formation of wrinkles and aging process. This massage combined the skin, reduces fatigue, muscle tension headaches and eventually restores the flo Sea mineral mask is 100% natural silt comes from the depths of the Dead Sea. Tw decollet opens the pores. Minerals therefore pass deep into the skin and nourishes tresh, helps to smooth deep wrinkles and also inhibits the formation of new wrin Beneficial effect on have psoriasis and eczema. EN info: Mineral Mud Mask skin and head massage and facial dy peeling and full body massage - Medicalh relaxation Momen, release your clogged pores and let your skin breathe freely! The combined massages for you is to remove dead cells from the skin and thus rejuvenate your skin, oxygenates and looks great against cellulite. In combination with my relaxin	teway. Seingang spätestens 24 Time (min.) Te with cosmetic effects the radicals and toxins. For your with mineral mud mask town w of energy in the body. enty minute mud mask on how it better. Mud mask leaves kles, reduces the formation Head and Face with 60 ation of body peeling with fur sensible. Good effect on tire	Price EUR bu this means ice regenerate er face and skin clean and of acne. facial mask 35 € Il-body d or calloused ly relaxed and

For both men and women.

Experience a combination of several massage treatments that regenerate your body perfectly. Pamper yourself with a
touch ... my first full body peeling with salt from the Dead Sea. This is followed by a relaxing massage and anti-stress head
massage or hot stone massage ... and in the final part of the Royal ritual is softened your skin treated body butter that
pampers your skin for an additional 24 hours moisturizing effects.Royal ritualEN info:12079 €

Time

(min.)

Price EUR

Price Energy theraphy:

ergy massage Tibetan bowls - "Energy + Medicalh + beneficial Relaxation" massage

Vibration massage through a deeply relaxing tones of Tibetan bowls is very relaxing, cleansing and energy internally and mentally relaxing. Medicalh benefits tones of Tibetan bowls can be considered medicinal. We are living beings of flesh, bone, water ... and we have its own electromagnetic field. We respond to the vibrations of different wavelengths according to our specific organs. Medicalhy human body vibrates at its optimum frequency that is unique in the body.

EN info:	Energy massage Tibe	<u>etan bowls</u>
energy therapy	60	40€
Price Touch therapy:	Time (min.)	Price EUR
Reflexology foot and leg - "Medical" therapy, alternative treatment		

... is an **alternative method of treatment with roots in Chinese medicine**. It also massages. Reflexology called **Reflexology** Massage works by the basic principle that all organs and body parts are interconnected through the skin, which is our largest organ, you can initialize or reflex points.

Reflexology works completely on your entire body. Stimulation of reflex points immediately respond to organ dysfunction or body pain or increased sensitivity. **Removing organ dysfunction disappears increased sensitivity or pain**.

Its use is both **diagnostic and therapeutic**. The diagnostic feature is invaluable for prevention.

EN info:	Reflexology foot & leg	
Initial examination (about 65-75min.)	75	59€
another repeated Reflexology massage 60 min.	60	49€
Tickle therapy (Tickling) - Touch therapy - Tickling armpits, feet, hips and else	where	
EN info:		<u>Tickling</u>

For all. Unusual, but increasingly popular form of relaxation leading to pleasant feelings and release.

The human soles, like armpits, located millions sensitive nerve endings that make the foot particularly ensitive to touch, which for different people produce diverse range of reactions.

Some individuals tickle on the feet causes ticklish, other individuals are feet for the same reason rotogení zone. It's not erotic services, but the **touch therapy**.

EN info:	Tickle therapy (Tickling)	
Tickling is an increasingly popular form of relaxation	30	29€
more ticklish (or be about 30th to 45th min. as Relaxing massage)	45	44€
more ticklish (or be about 30th to 60th min. as Relaxing massage)	60	58€

Price Exercise, Price Gift Certificates on Exercise:

xercises to strengthen Pelvic floor - "Medicalh benefits" exercises

Pelvic floor exercises are aimed at mastering the basic principles of strengthening the pelvic floor. Emphasis is placed on his "feeling for", which is working with the pelvic floor is necessary.

Favorably influenced by pelvic floor affects the entire musculoskeletal system, especially in the upright posture. That means for you while positive changes in your mental state of mind - increase self-confidence and establish closer contact with yourself. Strengthening the pelvic floor is very effective in combating incontinence, which often suffer from elderly people. Another sphere of influence of exercise is also **directing the client to modify lifestyle**.

EN info:	<u>Pelvic f</u>	loor exercises
Exercises to strengthen Pelvic floor for WOMEN and MEN	60	39€
Gift voucher for Exercises to strengthen Pelvic floor	60	39€
Price massage:	Time	Price EUR

Anti-Cellulite and Body Forming Procedure - "Cosmetic and Medical" procedure

My practice shows, and to my surprise, cellulite is willing to deal primarily with women and girls who ...

Have first signs of cellulite initiation or have cellulite at the first degree. A woman with a higher degree of cellulite appears absolutely exceptional. And you should have an increased interest in reducing your cellulite. For a husband, friend, lover ... but mainly for themselves.

Nature can not be deceived. If we want to reduce or eliminate cellulite, we have to do a lot of work every day for ourselves. It's a WHOLE FILE measure ...

I have significantly changed the procedure when you come to my cellulite massage. I'm really talking about the PROCESS against cellulitis. In order to have my procedure against the cellulite effect, it precedes her (the whole procedure is then practically at least for 2.5 hours in a piece) partial Lymphatic Massage. In parallel with it, I apply the blood circulation procedure in the incriminated parts. This is how I prepare you for a subsequent massage against cellulite. In the final you will finally get the appearance of the game that will please you. Obviously after the first procedure, the suitability or the necessity to repeat this procedure in the first 5-6 weeks at least every 7-10 days is almost a prerequisite.

It is true that for each of us the procedure against cellulite and for shaping the character will act individually. The above is my basic recommendation from my practice.

Anti-Cellulite and Body Forming Procedure

(min.)

150	85€
180	110€

Thai foot massage - "Relax and Medical" massage

EN info:

... Thai foot massage is an experience procedure with a very, very significant medicalh effect. It is very close to the Reflex lymphatic foot massage and complements Reflexology foot and musculoskeletal system.

In the Eastern world they are used to prevent ill ... and not to treat the consequences of disease. This is certainly the above three methods and techniques ideal.

Thai foot massage is performed with a wooden peg or palms. Our feet have their reflex points and zones. By pressing reflexology and massage the feet of the tibial component, including fingers, tarsus and the entire lower leg. Stimulating the reflex points and zones operate on our internal organs, relieve stress and influence the flow of energy through the body. If you are interested in maps of reflex points and zones, their images can be found in the description of my Reflexology foot and musculoskeletal system.

Thai foot massage positively affects the lymph and internal organs. Performed with oil or dry. The ideal is to use a wooden peg. The advantage of Thai foot massage is that we do not even have to undress.

EN info:	<u>Thai to</u>	ot massage
60 min.	60	35€
Medical & Energy Massage - Chinese Massage pressure - "Energy + Medicalh + beneficial Relaxation" massage		

Is pleasant and efficient oriental massage of the neck, head, back, pelvis, abdomen, upper and lower extremities. To her professional mastery requires really good knowledge of Meridians called Energy pathways. Meridians I practically affect every day ...

Its aim is to release blocked energy in our body. Due to the holistic holistic concept of this massage is better to talk about the blocked energy throughout the human body. It is therefore a superficial muscles but also the energy throughout our body.

EN info:	Chines	e massage
NEW: Energy massage Chinese Massage pressure	60	39€
Orient Chinese Massage pressure	90	57€

Moroccan argan oil massage - "Body + Medicalh" massage with cosmetic effect

I have from my many years of practice to admit that I myself was surprised by the results. I have never ever had such smooth skin and skin now than after massage argan oil. I noticed a demonstrable improvement in the quality of your hair and nail strengthening. Which of us would not want to have beautiful and youthful look scary and body.

EN info:	Moroccan argan oil	
HIT: ELIXIR for beauty and youth		
face, neck, decollete with peeling	60 65€	
whole body and face	90 80€	
whole body and face with peeling	120 100€	

ort & Recondition massage - "Clasic Medical-Medical" massa

For the regeneration of musculoskeletal or after great physical exertion and massage spasms.

EN info:	Sport & Recondition	n n
	women/me	:n
	60 35 € / 40	€
	90 50€/60	€
	120 70€/80	€
Men - harder massage. For men, the price is higher.		

Soft and Traction techniques - "Medical" massage

... are applied without the intervention of massage oil to eliminate muscle stiffness, painful tendons, points of light and joint blocks. I recommend a sports massage.

as a SURCHANGE to other classics. or some medical massage	30	17€
as a SURCHANGE to other classics. or some medical massage	60	28€
edish massage Regenerative - "Clasic Medical-Medical" massage		
For the regeneration of musculoskeletal or after great physical exertion and massag	ie spasms.	
EN info:	Swedis	<u>h Regenerat</u>
		women/mer
	60	32 € / 35 -
	90	48€/52
	120	65 € / 72 :
rn method + Breuss massage - "Medical Rehabilitation" massage		
Very gentle technique that activates the lymph system of the body . It's a kind of gent lymph system and thus promotes lymph flow. This leads to the removal of pollutants will relieve your lymph system and also helps to regenerate the body and stimulate	- toxic substances. Lympl	
EN info:	orn meth	nod & Breuss
total 60 min three times the back	90	
total 120 min two times the back of body	120	
waijan massaga (Lomi Lomi) "Rolova and Medical" massaga		
waiian massage (Lomi Lomi) - "Relaxa and Medical" massage 60 min.	60	48€
90 min.	90	40 € 65 €
ney massage - "Medical" masage		
ney massage - "Medical" masage Honey massage brings high healing effects to the whole body and skin. The effects of t most diseases of civilization. Massage with honey will relax you and at the same time t that settle in the body tissues and near the spine.		
Honey massage brings high healing effects to the whole body and skin. The effects of t most diseases of civilization. Massage with honey will relax you and at the same time a	remove unwanted toxins j	
Honey massage brings high healing effects to the whole body and skin. The effects of t most diseases of civilization. Massage with honey will relax you and at the same time that settle in the body tissues and near the spine.	remove unwanted toxins j	from the body
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Thai massage classic (north stretching) - "Medical" masáže

... technique Thai massage consists of extruding points / palpation, bending and stretching, rather than in the kneading. Applications and oil through the client's clothing.

EN info:	<u>Tha</u>	<u>Thai massage</u>	
full 120 min.	120	74€	
luxury 180 min.	180	100€	

Thai oil massage – "Relax" massage

... milder form of traditional Thai massage (without clothes using oil), which develops at different points less pressure. Systematic pressure massage from the top of the head through the neck, spine and back muscles. Very nice is massaged his arms and legs, including individual fingers.

	ть	ai massage			
EN info:	90	57€			
full 90 min.		57€ 70€			
luxury 120 min.	120	70 E			
Thai oil aromaterapeutic massage - "Relax" massage					
Relaxation form of traditional Thai massage, using hot oil and selected aromatic essen	ces.				
EN info:	<u></u>	<u>ai massage</u>			
60 min.	60	52€			
90 min.	90	70€			
120 min.	120	96€			
Prostate massage - "Medical" massage					
They brought you medicalh problems with the elimination to the doctor, the "massage" Prostate experience the first time by a					
doctor? This however is likely to have your prostate something going on and then this mass	age may not be for you	iust nleasant. It			
This, however, is likely to have your prostate something going on and then this massage may not be for you, just pleasant. It can be so bad that the next time the words of prostate massage you booted goose bumps and say "thanks, so this had better not."					
I have a lot of men with prostate massage me like search. Prostate massage brings them pleasure, deep and intense experiences.					
EN info:	Prostate massage				
Medical massage and relaxation. Self prostate massage maximal 10-15 min.	45	48€			
Massage with Hot lava stones Hot-Stone - "Relax and Medical" massage					
Performs special massage fingering with hot lava stones and aromatic oils. Lava stones to warm up the body, relaxes muscles in depth, wakes up blood circulation, improve the flow of energy.					
EN info:	Hot St	ones massage			
massage hot stones 60 min.	60	50€			
massage hot stones 90 min.	90	65€			
massage hot stones 120 min.	120	75€			
Massage with Hot shells (ritual Tokoriki) - "Relax and Cosmetic" massage					
massage with not shells (intual lokonki) - heldx und coshelic massage					
This is a luxurious body treatment that would be highly appreciated, especially women, with a strong energetic effect on the body and mind . The massage is achieved by a significant increase in blood flow to the area and is processed to remove some muscle spasms and thus to relax the muscles. This massage treatment begins with full body sugar cane scrub with minerals. A massage hot shells and scented oil (except the face). Furthermore, am applying client softening mango butter full body wrap and relaxation. Ritual Tokoriki is a whole body treatment with a total length of 120 minutes or reduced lenght 90min.					
EN info:	Hot Shells massage				

	00	00 £
short massage with Hot shells Tokoriki 90 min.	90 120	90€ 120€
long massage with Hot shells Tokoriki 120 min.	120	120 E
hocolate massage - "Relax" massage		
experience luxurious treatments chocolate or chocolate oil. Rejuvenate your skin and sr dead cells. From your body and washed away harmful substances . Chocolate massage l your thinking will be more positive . Variant: Natural chocolate or balm chocolate .		
EN info:	Chocolate massage	
full body massage with chocolate + peeling	90	65€
full body massage with chocolate + peeling	120	80€
ognac massage - "Relax" massage		
EN info:	Cogna	ac massage
full body massage with oil and cognac	60	50€
elax Intuitive massage for Women and Men - "Relax" massage	Dala Ist	
EN info:		uitive massa
to release the nervous system and harmonization of body and soul	60 90	35 € 50 €
antric massage for Women and Men (Tantra) - "Energy" therapy		
EN info:	<u>Tantra massage</u>	
My Tantra massage is: Gentle, loving, energizing, sensual, harmonizing massage, full of attentive and conscio of the body and leads to our soul. My Tantra massage are designed for women and mer Tantra massage awakens and expands the sensuality and the pleasures of body experier In Tantra massage lead you into the heart to themselves and to your senses, feelings and I wake up your body and senses to the greater sensitivity and sensibility. His touch evoke essence. Your awareness expands, as well as the ability to experience and feel her body and	1 . nce. d emotions. es in you in close contact	
In my Tantric massage you will experience unprecedented conditions. Harmony, relaxation unity with its own being with the whole universe. My Tantra massage promotes us to experience higher degrees of orgasms. Orgasm at a Emotional orgasm: Orgasmic wave spread from the genitals to the heart experience Full body orgasm: Orgasmic wave spreads throughout the body, filling every cell of his	the genitals but also:	
<i>Energy</i> orgasm: We experience ourselves as a source of bliss		

It is possible version may Tantra massage (massage the length 90min. and more) with massage sensitive intimate parts of the body: the buttocks and anal area, women have breasts, joni and rosette, men also lingam and prostate.

- - - - - - -

Not only out of but of course, even without sexual intercourse. Tantra works with our sexual energy, but Tantra or Tantra massage does not match the content of tantric sex, mostly carried out between partners.

Sexual energy is our primary energy that is transferred throughout the body and transformed the life energy that we need. Tantric full body energetic orgasm is a suitable addition Tantra massage, if the client or the client wants to know and understand more but without their involvement and cooperation can not.

Full body orgasm, ie **energy orgasm** expects from you as a client relaxed energy pathways (ie. Meridians) and energy centers (ie. Chakras). Free flow of our sexual energy is a precondition for the experience of a whole-body energy orgasm. Releasing the meridians and chakras I perform energy therapies **Clean energy, and harmonize the chakras and meridians**.

Training and practical experience to the full body Tantric orgasm, I graduated with one of the greatest guru of sexuality and partner & tantric relationships with **Andrew Barnes**.

EN info:	<u>antra m</u>	assage/therap
Classic	60	89€
Classic	90	126€
Luxury	90	145€
Classic	120	153€
Luxury	120	169€
Luxury	150	198€
Sensual massage for Men - "Erotic+Energy" theraphy		
NO kissing, licking, fingering. blow job or sex. ONLY amazing massage!!!		
Sensual massage 60 minute	60	90 €
Sensual massage 90 minute	90	145€
Sensual massage 120 minute	120	170€

Prices valid from January 16, 2024 until further notice. Prices subject to change. I'm not VAT registered. ----- Payment in advance via payment gateway -----